Everyone is capable of positive change if given enough support.

All human beings deserve to live lives of quality and fulfillment.

Most complex behavior can be broken into small, understandable parts.

In order to change, people need hope, encouragement and support.

Helping a person develop a respected role within the community is one of the greatest factors for success.

Doing more of what has not worked in the past is not likely to work in the future.

Trying to control and punish others often leads to resentment and power struggles and rarely accomplishes long-term, desired results.
Child & Family Support Services (CFSS) was founded in 2003 in order to provide individuals and families with flexible, individually-tailored support services.

CFSS works with individuals and families with complex behavioral, developmental, or emotional needs. Our goal is to help families live fulfilling lives of dignity, quality and safety, regardless of any challenges or disabilities.

We provide support services such as:

- Behavior Support Services
- Role Modeling
- Intensive Outpatient Substance Abuse Services
- Personal Care
- Living Skills Training
- Respite
- Family Support
- Parent Aide
- Peer Support
- Assessment
- Counseling, and more...

All of our services are based on a Positive Behavior Support approach.

CFSS specializes in helping provide the support needed for individuals and families experiencing challenging behavior, wanting to improve relationships, or otherwise seeking emotional or behavioral support. We help keep families living together in their own communities whenever possible, through services such as family preservation, family reunification, parent aide, and insensitive home and community-based services. Our support is offered in the community rather than traditional office-based settings. We work in families’ homes, schools, local community centers, and whatever places are most suited to the individual.

We participate in Child and Family Teams and other collaborative team efforts that support individualized planning. We work with individuals, families, and those who are important in their lives to develop creative plans that draw on their unique interest, skills and talents to achieve their vision of a better future.

CFSS is a leading provider of family-centered, strengths-based, culturally and linguistically competent community-based supports throughout Arizona. With ongoing assessment and support for family safety, CFSS provides education, skills development and family support for families involved with Child Protective Services (CPS).

CFSS provides services for children, young adults, and adults across most parts of Arizona. Our services are designed to be available when and where they are needed, including offering support in the evenings and on weekends, as well as before, during, and after school.

CFSS employs a diverse pool of talented team members, each with their own styles, personalities, experiences, academic background, interests and approaches. This allows us to find the best match for an individual's and family's needs.

Each person and family is unique, and so are the positive support services provided by CFSS. Ensuring we match the right types of activities with the preferences, needs and culture of each person and family we support allows us to provide the help they need to develop lives full of purpose and value.

“With the help of CFSS, my son is now involved on a sports team with other kids, helps around the house, asks for help when he doesn’t feel good, and communicates more with us. Supports provided by CFSS have helped me to relax so I am calmer when I am with my son and not stressed that he will hurt himself. We continue to experience many difficulties, but my child has been able to remain at home, in school and in the community.”

— Parent